

Title of course: **Behavioural addictions**

Lecturer: **dr Magdalena Rowicka**

Course description: The aim of the seminar is to familiarize the participants with the subject matter and terminology related to behavioural addictions – including, above all, gambling disorder and gaming disorder. Students will learn: the basic mechanisms of addiction by watching short films (in English, with the possibility of turning on automatic transcription); criteria for disorders with examples of behaviors; Causes of addictions (on the example of two theoretical models) and basic information on prevention. Methods of work: presentations by the teacher, short texts to be read at home, watching short lectures (at khan academy), group work (including the Readiness Assessment Test – each participant answers questions of the quiz type on their own, and then answers the same questions in a small group – one common version of the answers should be agreed in the group).

Assessment (ZO): During the classes, Readiness Assessment Test (RAT) tasks will be carried out. The final grade will depend on the RAT group score