

Course title: **Nature-Based Early Learning**

Lecturer: Adamina Korwin-Szymanowska, PhD

Course format: classes are held both outdoors and in a university classroom.

Description:

Nature-Based Early Learning is a practical course that will demonstrate ways of engaging children with nature, introducing new vocabulary in natural settings, and then reinforcing it in the classroom or speech therapy room. Its fundamental aim is to familiarise students with the organisation of learning methods in nature. It enables the development of attitudes, values and knowledge necessary for using outdoor spaces as a psycho-pedagogical tool. The course draws on fundamental theoretical concepts of the learning process, such as experiential learning, outdoor education and adventure pedagogy, all focused on child development.

The course objectives include:

1. Holistic development of the participant, focusing on values, attitudes, skills and competencies.
2. Entering the zone of proximal development.
3. Developing critical thinking skills and creative problem-solving.
4. Deepening knowledge and skills in conducting sessions outside the speech therapy clinic.
5. Building a relationship with nature.

The course covers both theoretical and practical aspects that can be applied in speech and language therapy practice.

Assessment requirements include a graded assessment comprising both individual work and a group project.