

**Oferta konwersatoriów**  
na semestr letni w roku akademickim 2024/2025

dla kierunku **pedagogika studia II stopnia** studia  
stacjonarne

**konwersatoria w języku obcym**

(realizowane w ramach przedmiotu: **Problemy współczesnej edukacji – 1 (PE-2F-PWK1)**)

Kod przedmiotu	Nazwa przedmiotu	Rok	Forma zal.	ECTS	Prowadzący	Instytut	Semestr	Wymiar godzin			Liczba grup		limit
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00-0F-EEU	<b>Environmental Education for Urban Resilience</b> (POL) Edukacja środowiskowa na rzecz odporności miast	I	ZO	2	Dr Ewa Duda	Instytut Pedagogiki	letni			15		1	15
00-0F-SBT	<b>Stress and Burnout in the Teaching Profession</b> (POL) Stres i wypalenie zawodowe w zawodzie nauczyciela	I	ZO	2	Dr Katarzyna M. Stanek	Instytut Pedagogiki	letni			15		1	15
00-0F-CCF	<b>Challenges of Contemporary Foster Care</b> (POL) Wyzwania współczesnej pieczy zastępczej	I	ZO	2	mgr Oktawia Zalewska	Instytut Pedagogiki	letni			15		1	15
00-0F-CEA1	<b>Cultural and Educational Aspects of Film Art</b> (POL) Kulturowe i edukacyjne aspekty sztuki filmowej	I	ZO	2	mgr Artur Mościcki	Instytut Pedagogiki	letni			15		1	15

# OFERTA

konwersatoriów na kierunku **pedagogika** studia

**II stopnia** w roku akademickim **2024/2025**

**stacjonarne**

**I rok**

*Studenci zobowiązani są do zrealizowania jednego konwersatorium 15-godzinnego (2 punkty ECTS). Realizacja w semestrze letnim 2024/2025.*

**Prowadząca:** dr Ewa Duda

**Nazwa przedmiotu w języku angielskim:** **Environmental education for urban resilience**

**Nazwa przedmiotu w języku polskim:** **Edukacja środowiskowa na rzecz odporności miejskiej**

**Forma zajęć:** warsztaty

**Liczba godzin:** 15

**Liczba ECTS:** 2

**Opis:**

City dwellers make up more than half of the world's population. The growth of cities poses new challenges. Changing demographic trends, deepening social inequalities, environmental pollution, increasing demand for electricity, problems related to urban transport are just some of them. The seminar will focus on reading texts on urban education, practical workshop exercises and discussions on the role of education in solving the problems of modern cities.

**Warunki zaliczenia (ZO):**

active participation

**Prowadząca:** dr Katarzyna M. Stanek

**Nazwa przedmiotu w języku angielskim:** **Stress and burnout in the teaching profession**

**Nazwa przedmiotu w języku polskim:** **Stres i wypalenie zawodowe w zawodzie nauczyciela**

**Forma zajęć:** konwersatorium

**Liczba godzin:** 15

**Liczba ECTS:** 2 **Opis:**

General description: Work is one of the basic forms of an individual's activity, which may constitute value in a person's life and give it meaning, but it may have a negative meaning when the stress caused by professional work leads to the phenomenon of burnout. It is present in the teaching profession. The aim of the classes is to discuss the most important selected concepts of burnout in the context of working with "human beings" (students, parents, in the educational system), stress factors and the consequences of stress in the form of burnout syndrome, determinants of burnout, ways of dealing with and overcoming the phenomenon of burnout.

Thematic scope:

1. Stress as a cause of burnout. Stress concepts. Stress factors in professional work. Consequences of occupational stress. Determinants of stress and burnout in the teaching profession.
2. Styles of coping with stress.
3. Concepts of burnout (including C. Maslach, A.M. Pines, C.Cherniss, H. Sęk).
4. Burnout. Causes and background. Burnout rates.
5. Sense of coherence and burnout. 6. How to recognize burnout and how to prevent it?
7. Models of preventing burnout. Preventive programs to counteract professional burnout. Supervision. Support groups. Self-help.

**Warunki zaliczenia (ZO):**

Presence, active participation in the discussion, written work on your own strategies for coping with stress.

Literature:

R. Kretschmann, Stress in the teaching profession, Wydawnictwo GWP, Gdańsk 2003. Ch. Maslach, M. P. Leiter, The truth about burnout. What to do with stress in an organization, Scientific Publishing House PWN, Warszawa 2011.

L. Sandrin, How to help and not burn out while helping others. Ways to overcome burnout syndrome, Publishing house Jedność, Kielce 2006.

H. Sęk (ed.) Burnout. Causes and prevention, PWN Scientific Publishing House, Warsaw 2009.

K.M. Stanek, Professional burnout of social workers. State and conditions in the aspect of professional work, Publishing house "Śląsk", Katowice 2016.

J. Szmagalski, Stress and burnout of social workers, IRSS Publishing House, Warsaw 2008.

S. Tucholska, Professional burnout among teachers. Psychological analysis of the phenomenon and its personality determinants, Publishing house KUL, Lublin 2009.

**Prowadząca:** mgr Oktawia Zalewska

**Nazwa przedmiotu w języku angielskim:** **Challenges of contemporary foster care**

**Nazwa przedmiotu w języku polskim:** **Wyzwania współczesnej pieczy zastępczej**

**Forma zajęć:** warsztaty

**Liczba godzin:** 15

**Liczba ECTS:** 2 **Opis:**

The workshop will focus on analyzing the level of functioning of modern foster care, which has undergone a major transformation in recent years. The impact of the reforms on the quality of care and upbringing of children will be discussed. The future perspective of foster care will be presented, taking into account the challenges facing foster care providers. In addition, it will be discussed whether the orientation towards family foster care is the right direction.

Students will learn about the history of foster care pedagogy, current legislation and the latest statistics on foster care.

**Warunki zaliczenia (ZO):**

Participation, activity in discussions, preparation of an essay on foster care

**Prowadzący:** mgr Artur Mościcki

**Nazwa przedmiotu w języku angielskim:** **Cultural and educational aspects of film art.**

**Nazwa przedmiotu w języku polskim:** **Kulturowe i edukacyjne aspekty sztuki filmowej**

**Forma zajęć:** warsztaty

**Liczba godzin:** 15

**Liczba ECTS:** 2 **Opis:**

The conversation will be led by a graduate of the National Film, Television and Theatre School in Łódź, a cinematographer and film director and, importantly, a scholarship holder of the Kościuszko Foundation in New York, UCLA in Los Angeles and the American Film Institute (he lectured in the USA for five years), using "American" English. There will be an opportunity to talk about Hollywood and the Oscar Gala in the context of film art as a multi-threaded platform for presenting content - in a kaleidoscope of the needs of creators and viewers and the commercial requirements of producers. Topics from the field of film production and movie stars are planned, as well as behind the scenes of work on the film set and the specificity of films with the participation of children. Elements of educational film etudes will be discussed - designing audiovisual materials for the needs of teachers. There will be an opportunity to talk about the importance of image and sound, i.e. photography and music as useful educational and upbringing tools as educational values of feature films and documentaries - especially educational ones.

**Warunki zaliczenia (ZO):**

Conditions of credit (ZO): Essay in English related to the discussed topic, with the content specified with the instructor at the first meeting