

Title of course: **Aggression: causes, consequences, and inhibiting factors**

Lecturer: **dr Monika Dominiak-Kochanek**

Course description: The aim of the lecture is to introduce into the basic theories of aggression enabling to understand, predict, and prevent human aggression. Two metatheoretical frameworks of aggressive behaviors i.e. General Aggression Model, I<sup>3</sup> Theory will be outlined to show the multiple nature of causes responsible for aggression including personality traits, social factors, and family antecedents. The crucial question to answer during the lecture is whether aggression declines, as Steven Pinker claims or just the opposite. Thus, the recent correlational and experimental research on aggression will be presented to find out the magnitude and dynamic of aggressive manifestations within people of different age, gender, and social background.

Assessment (ZO): presentation