

Title of course: **The concept of Good Living in different cultures**

Lecturer: dr Maria Cecilia Zsögön

Teaching language: English

Course description: The seminar aims to discuss relevant pedagogical perspectives from and common discourse on good living in different regions. For instance: the proposal of the “good living” (elBuenVivir), paradigm from the indigenous peoples who seek happiness through the respect to cultural and environmental diversity, as well as equality and solidarity. This traditional knowledge had also political and pedagogical implications. In our societies based on consumerism and technological acceleration, this perspective can bring a more holistic and meaningful approach, based on the respect for nature and for all living beings. We will use critical pedagogy which promotes the development of critical and reflective individuals, emphasizing social responsibility and awareness of the cultural situation. We will also reflect what good living means to us and our social networks.

Assessment (ZO): To pass weekly presence and active participation are required. Students may expect small weekly tasks for self-study, and a final essay or research report.